## Organ and Tissue Donation

This fact sheet provides basic information only. It must not take the place of medical advice, diagnosis or treatment. Always talk to a healthcare professional about any health concerns you have, and before you make any changes to your diet, lifestyle or treatment.

If you are 16 years of age or over, you can register your consent to donate your organs and/or tissues upon your death. Complete an **Organ and Tissue Donor Registration** form (3750-84) and submit it to the Ministry of Health and Long-Term Care who keeps a registry of donors.

## You can obtain a registration form by:

- Accessing the form directly: Form 3750-84 (PDF version)
- Accessing the Forms Online section of the ministry Web site:
  OHIP Form Index

Include your Health Number, name, date of birth, and address on the Organ and Tissue Donor Registration form. You can indicate whether you are willing to donate your organs or tissue for transplant, or for transplant and research. Transplant and research means that the organs and tissues will be removed the same as for transplant. Your body is still available and presentable for a funeral. This is **not** the same as giving your whole body to science or to a medical school. Indicate if there are organs you **do not** wish to donate.

After completing and signing the form (please use white paper only), return it to your local ministry office or mail it to the address shown on the top of the form. You can change your consent or withdraw at any time by using the Organ and Tissue Donor Registration Form (3750-84).

If, when registering your consent to donate:

- you carry a photo Health Card, you will be sent a new card. It will be the same as your previous card but will have:
  - a new "card version code" (two letters printed beside your Health Number to show that this is now the current card);
  - the words "donor / donneur" on the back of the card;
  - a code on the back of the card representing your choices.
- you carry a red and white Health Card, you will not receive a new card. You will be sent a notice confirming that the data has been updated. You will also be given a sticker with the words "donor / donneur" to put on the back of your Health Card.

You can register your consent at any time - while registering for health coverage (for the first time), getting a new card (if you have lost or damaged your card), renewing your card, or changing information on your Health Card, or even if you have no other business with the ministry.

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## Government of Ontario

For information about health services and resources: www.health.gov.on.ca

For consumer-friendly health tips and information: www.HealthyOntario.com

INFOline: 1-877-234-4343; TTY: 1-800-387-5559

Telehealth Ontario: 1-866-797-0000; TTY 1-866-797-0007

INFOline is open during business hours and can provide general information on healthcare.

Telehealth Ontario is a 24/7 service which uses nurse practitioners to answer your immediate health concerns.